

**North Shore Swim Club Hanscom Specialty Meet
Team Warm Up Assignments
May 19-20, 2007**

Saturday, May 19, 2007 6:00-6:20 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
SOLO	SOLO	NSSC	NSSC	NSSC	NSSC

Saturday, May 19, 2007 6:20-6:40 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
WBD	SAC	SAC	SAC	SAC	SAC

Saturday, May 19, 2007 6:40-7:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
GMSC	GMSC	GMSC	MAG	MAG	MAG

Sunday May 20, 2007 7:00-7:20 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
NSSC	NSSC	NSSC	NSSC	NSSC	NSSC

Sunday May 20, 2007 7:20-7:40 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
SOLO	GMSC	GMSC	SAC	SAC	SAC

Sunday May 20, 2007 7:40-8:00 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
GENERAL	GENERAL	MAG	MAG	MAG	MAG

**Sunday May 20, 2007 Distance Meet
session is open warm ups: 9:45 – 10:10 AM**

Sunday May 20, 2007 2:15-2:35 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
SAC	SAC	SAC	SAC	SAC	SAC

Sunday May 20, 2007 2:35-2:55 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
GMSC	GMSC	GMSC	NSSC	NSSC	NSSC

Sunday May 20, 2007 2:55-3:15 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
SOLO	SOLO	MAG	MAG	MAG	GENERAL

Note: There will be continuous Warm up/ Warm down for the entire meet.