

**North Shore Swim Club Hanscom Distance Meet
Warm Up Assignments
June 1, 2008**

Sunday June 1, 2008 Distance Meet

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--|--------|--------|--------|--------|--------|
| General Warm Up not before 4:30 PM, All Lanes Meet starts 20 minutes later. | | | | | |

Note: There will be continuous Warm up/ Warm down during the entire meet.