

**North Shore Swim Club**  
**Team Specialty Meet**  
Hanscom Air Force Base, Bedford MA 01730  
**Saturday & Sunday- May 8-9, 2010**

**Event List:**

Saturday, May 8, 2009 -----Warm up: 7:00 AM / Meet Starts 8:00 AM

Female Event Number	Event	Male Event Number
1	11 and over 200 meter Butterfly	2
3	11 and over 200 meter Backstroke	4
5	11 and over 200 meter Individual Medley	6
7	11 and over 400 meter Freestyle	8

\*\* 400 freestyle events may be limited to a maximum of 6 heats for women, 6 heats for men, swimming 2 swimmers per lane

Sunday, May 9, 2009 -----Warm up: 8:00AM / Meet Starts 9:05AM

Female Event Number	Event	Male Event Number
9	11-14 200 meter Freestyle	10
11	12 and Under 100 meter Freestyle	12
13	11-14 100 meter Backstroke	14
15	12 and Under 50 meter Backstroke	16
17	11-14 100 meter Breaststroke	18
19	12 and Under 50 meter Breaststroke	20
21	11-14 100 meter Butterfly	22
23	12 and Under 50 meter Butterfly	24
25	11-14 100 meter Freestyle	26

Sunday May 9, 2009..... Warm up: 1:00 PM / Meet Starts 2:05 PM

Female Event Number	Event	Male Event Number
27	15 and over 200 meter Freestyle	28
29	15 and over 100 meter Backstroke	30
31	15 and over 200 meter Breaststroke	32
33	15 and over 100 meter Butterfly	34
35	15 and over 100 meter Freestyle	36
20 Minute Warm Up for all 800 Freestyle Swimmers		
37	Open 800 Meter Freestyle	38

\*\* 800 freestyle events may be limited to a maximum of 6 heats for women, 6 heats for men.  
Swimming 2 swimmers per lane.