# N.E. Regionals February 12-14, 2010
# Team Warm Up Assignments

**Friday 4:00-4:20 PM** **Start at 5:05 PM**

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|---|---|---|---|---|---|---|---|
| **WW** | **WW** | **STRM** | **STRM** | **YMA** | **YMA** | **YMA** | **NSSC** |
| | | | | | | | |
| | | | | | | | |
| **Friday 4:20-4:40 PM** | | | | | | | |
| **BGSC** | **BGSC** | **BGSC** | **BGSC** | **SSYS** | **SSYS** | **SSYS** | **GCST** |
| | | | | | | | **MST** |
| | | | | | | | **RAYS** |
| **Friday 4:40-5:00 PM** | | | | | | | |
| **ORO** | **ORO** | **ANA** | **ANA** | **ANA** | **NBST** | **ESC** | **BGNE** |
| | | | | | **FINS** | **ICMS** | |

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|---|---|---|---|---|---|---|---|
| **Saturday Morning 7:00-7:20 AM / Sunday Morning 7:20-7:40 AM** **Starts 8:05 AM** | | | | | | | |
| **BGSC** | **BGSC** | **BGSC** | **FINS** | **NSSC** | **NSSC** | **STRM** | **STRM** |
| | | | | | | | |
| **Saturday Morning 7:20-7:40 AM / Sunday Morning 7:40-8:00 AM** | | | | | | | |
| **SSYS** | **SSYS** | **ORO** | **ORO** | **ANA** | **ANA** | **ESC** | **ESC** |
| | | | **MST** | | | | **ICMS** |
| **Saturday Morning 7:40-8:00 AM / Sunday Morning 7:00-7:20 AM** | | | | | | | |
| **WW** | **WW** | **YMA** | **YMA** | **YMA** | **RAYS** | **RAYS** | **BGNE** |
| **GCST** | | | | | | **NBST** | **BCNC** |
| | | | | | | | |

**Saturday 8 & Under Session, Warm Up 12:00-12:25 PM, Meet start at 12:30 PM**
**Sunday 8 & Under Session, Warm Up 12:45-1:15 PM, Meet start at 1:15 PM**

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|---|---|---|---|---|---|---|---|
| **Open Warm Up for all 8 & Unders** | | | | | | | |
| | | | | | | | |

**Saturday Afternoon 2:00-2:20 PM, starts 3:05 PM / Sunday 2:50-3:10 PM, starts at 3:35 PM**

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|---|---|---|---|---|---|---|---|
| **BGSC** | **BGSC** | **ORO** | **NSSC** | **NSSC** | **ICMS** | **BGNE** | **ESC** |
| | | | | | | | |
| **Saturday Afternoon 2:20-2:40 PM / Sunday 3:10-3:30 PM** | | | | | | | |
| **SSYS** | **SSYS** | **SSYS** | **ANA** | **ANA** | **ANA** | **RAYS** | **BCNS** |
| | | | | | | **MST** | **UNAT** |
| | | | | | | | **NBST** |
| **Saturday Afternoon 2:40-3:00 PM / Sunday 2:30-2:50 PM** | | | | | | | |
| **FINS** | **STRM** | **STRM** | **WW** | **WW** | **YMA** | **YMA** | **YMA** |
| **GCST** | | | | | | | |
| | | | | | | | |

**Saturday Evening (1650 Free), Warm Up 6:30-6:55 PM, Meet start at 7:00 PM**

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|---|---|---|---|---|---|---|---|
| **Open Warm Up, All 1650 swimmers must provide their own timer and counter.** | | | | | | | |
| | | | | | | | |